South Bay Cities Council of Governments

Services for Seniors Working Group

Tuesday, January 26, 2016 Meeting Minutes By Grace Farwell

In Attendance: Dylan Doukakis, City of El Segundo; Bill Meyers, City of Hawthorne Commission on Aging; Isabel Rodriguez, City of Hermosa Beach Parks & Recreation Commissioner; Michelle Jordan, City of Inglewood; Sandy Marchese, City of Palos Verdes Estates/PVE-CARES; Meghan Ballard, City of Redondo Beach; Alexa Davis, City of Rolling Hills Estates; Britt Huff, City of Rolling Hills Estates Council Member, H.E.L.P.; Cindy Snodgrass, City of Torrance; Bea Virobik, City of Torrance Commission on Aging/South Bay Village; Ghislaine (Ges) Davis, City of Torrance Commission on Aging/South Bay Village; Sherry May, Palos Verdes Peninsula Village; Sarah Wiltfong, Assembly Member David Hadley; Debra Petersen, Palos Verdes Library District; Deb Ripley, Palos Verdes Library District; Tara Guden, Beach Cities Health District; Eric Haack, Access Services LA; Danielle Valentino, LA Metro; Rhonda Ozanian, Bluedot; Jacki Bacharach, SBCCOG; Aaron Baum, SBCCOG; Grace Farwell, SBCCOG; Steve Lantz, SBCCOG; Guest Speakers: Katie Miller, uber; Scott Lien, grandPad

- 1. Welcome and Self Introductions
- 2. Minutes from the December 1, 2015 were approved. Motion made by Ghislaine (Ges) Davis and seconded by Bea Virobik.
- 3. Scot Lien, Co-Founder and CEO of grandPad, and Katie Miller, Marketing Manager of uber, were the guest speakers.
 - grandPad is a simple and safe tablet-based solution and private network that connects the core family with a platform built for seniors
 - grandPad "kit" includes tablet, charger, case, setup, stylus, shipping, LTE internet connectivity, capability to make telephone calls (and international calls), high-touch customer support, damage and theft insurance and replacement, software maintenance and upgrades, cloud data storage
 - Cost is \$60 per month; price is not expected to go up, rather may decrease over time
 - grandPad comes with 20 apps; uber is first 3rd party app; testing others, including misfit
 - Currently only available in English; Spanish is next; interest in Japanese; still easy to use as it is picture-oriented
 - Uber and grandPad have recently partnered as a way of making scheduling rides easier, all at the push of a button
 - Most technology is designed for youth and not designed for older adults; it can be too complex and frustrating

- Transportation is a big issue for older adults throughout the South Bay. Dial-a-ride services are very limited; Access Services, for those who qualify, can be very difficult; and having to rely on family and friends for trips to the market, doctors' offices, pharmacy, etc. can be stressful
- Seniors are the biggest group of people who cancel or change doctors' appointments, and that is due, in large part, to being dependent on someone else for a ride
- Seniors can feel disconnected and be stuck at home with no alternatives. This isolation can lead to depression and reduced life expectancy
- Uber and grandPad are in the process of putting together a proposal to work with the SBCCOG and cities in the South Bay to develop a pilot project utilizing grandPads to schedule uber rides
- Concerns related to types of drivers for uber and safety factor for seniors. Uber does a national background check, DMV, criminal, etc., but at this time no fingerprinting; there is a rating system following ride rider can rate up to 5 stars
- The SBCCOG cities have been asked to provide the following information:
 - What are the current programs in place to serve seniors in your city?
 - o How much do those programs costs? Eligibility? Fare media, i.e. vouchers? Tickets?
 - o What is the average time and distance seniors are traveling?
 - What are the major pain points to your current programs? (i.e. cost, inconvenience, etc)
 - o How much are you spending for these programs?
 - o In what way are the family members of the seniors in your community involved? Do you have direct communication with them or a way to market to them?
- 4. "Senior" Update from Assemblyman David Hadley's office
 - Sarah Wiltfong, District Director mentioned that there will be Senior Forums in the Spring. She asked for ideas for topics.
- 5. Follow-up Actions
 - City staff were asked to complete the questionnaire sent previously regarding transportation information and amount of money city's spend on these programs
 - Be on the lookout for additional requests from uber and grandPad as they put together a proposal for a pilot project in the South Bay
- 6. Next meeting Tuesday, March 22, 2016 @ 9:30 am