

4.20 COVID-19 Senior Assistance Programs by City

City	Program Name	Program Description	Link to Program	Contact Person	Phone	Email
LA County WDACS	Critical Delivery Services (CDS)	Temporary delivery program to deliver food, household items & other vital necessities to individuals who are unable to leave their homes due to COVID-19; Criteria: Aged 60+, Has disability, Dependent adult (18 - 59)	https://wdacs.lacounty.gov/wp-content/uploads/2020/04/CSD_Fact-Sheet_V.2_Final.pdf			
Carson	Carson Essentials To Go	Grocery delivery to support Carson Residents including: seniors, those with disabilities, those with underlying health conditions, & families during COVID-19 pandemic. 3 packages to choose from ranging from \$43 to \$55	http://ci.carson.ca.us/content/files/pdfs/publicsafety/CarsonEssentialsToGo04102020.pdf	Amanda Valorosi, Sr. Assisted Living Coordinator, Human Services	310.835.0212 x1471	AValorosi@carson.ca.us
Gardena						
El Segundo						
Hawthorne	Grab a Snack	Hawthorne Senior Center - seniors drive up Mon-Thurs to pick up a sack of snacks or receive snacks at their residences on a weekly basis which staff delivers. Taking calls & answering questions on a daily basis. Anything we normally help them with we still do via phone, email & handing out paperwork while keeping a safe 6 foot distance outside.	http://www.cityofhawthorne.org/senior-activities/	Diane Brown, Director, Hawthorne Senior Center	310.349.1649	dbrown@cityofhawthorne.org
Hermosa Beach	N/A	Weekly email to senior center members sharing updates, useful/interesting information and some sort of positive/hopeful message. Share resources that BCHD (Beach Cities Health District) is able to provide, as they have a volunteer program that assists seniors with grocery shopping, picking up medicines, etc.	N/A	Kambria Vint, Recreation Coordinator	310.318.0280	kvint@hermosabeach.gov
Inglewood		On the 4th Tuesday of each month, free food kits are distributed to eligible seniors 60+ by the Regional Food Bank at Rogers Park. Inglewood is delivering lunches to seniors in Hawthorne, Inglewood, and Lennox.				
Lawndale						
Lomita	Lift Up Lomita	Not a specific program for seniors but rather an essentials need delivery program in general for the Lomita community. Currently assembling small care packages to be delivered to seniors and those in need in our community.	https://lomitacoronavirus.info/liftuplomita/	Lety Paz, Administrative Clerk		l.paz@lomitacity.com
Manhattan Beach	N/A	Operating a delivery program for seniors & vulnerable populations. Callers call the Older Adult "hot line" (310) 802-5010 with their need for prescriptions, groceries, etc. and volunteers from CERT, Rotary, Neighborhood Watch, Leadership Manhattan Beach are connected with the caller and provide the service. Beach Cities Health District is also a resource.	https://www.citymb.info/departments/parks-and-recreation/older-adults-program	Jan Buike, Recreation Manager	310.802.5447	jbuike@citymb.info
Rancho Palos Verdes						
Redondo Beach	N/A	Providing seniors resources via email blasts & website that include: Torrance YMCA Wednesday frozen meal pick-up, Beach Cities Health District Resources: Grocery deliveries & restaurants are available for takeout & delivery, Redondo Beach Chamber of Commerce: Deliveries of groceries and takeout, LA Helping Hands: volunteers to help with delivery services to seniors Activities & Exercises you can do from home Following up with the senior board to see if any particular seniors they know of may need extra help during this time. Beach Cities Health District has helping us reach out to these individuals so that they can get them the proper resources.	N/A	Kimberly Sanchez, Senior & Family Services, Community Services Department	310.318.0650	kimberly.sanchez@redondo.org
Palos Verdes Estates						
Rolling Hills	N/A	Formed a list of volunteers who weekly check in on seniors or those who are homebound; Put a weekly news blast out with any new information about COVID-19 and list of surrounding stores with modified hours for seniors; Provide Lomita Sheriff's office an update about Senior residents; We also use our BlueNewsletter to inform the Rolling Hills Residents of our Senior Program.	N/A	Delia Aranda, Code Enforcement Officer	310.377.1521	Daranda@CityofRH.net
Rolling Hills Estates	N/A	Collaborative Seniors Resource Guide with Palos Verdes Estates, Rancho Palos Verdes, Rolling Hills, Rolling Hills Estates	Seniors tab on this link https://www.ci.rolling-hills-estates.ca.us/departments/public-safety/covid-19-novel-coronavirus-2019	Alexa Davis, Assistant City Manager		alexad@rollinghillsestatesca.gov
Torrance	Torrance "Cares to Go"	The Torrance Cares 2-Go Care Package provides pre-selected essential grocery and sanitary items that are sourced from an area grocer. \$55 package for seniors 60+, those with disabilities, and with underlying health conditions during the COVID-19 pandemic	https://www.cityoftorranceca.com/tc2go.html			