



CalOptima Health

Overview: California Advancing and Innovating Medi-Cal (CaAIM)

**South Bay Cities Council of Governments
Homeless Services Task Force Meeting**

March 1st, 2023

Kelly Bruno, MSW
Executive Director, Medi-Cal & CaAIM
CalOptima Health

CalOptima Health, A Public Agency

Our Mission

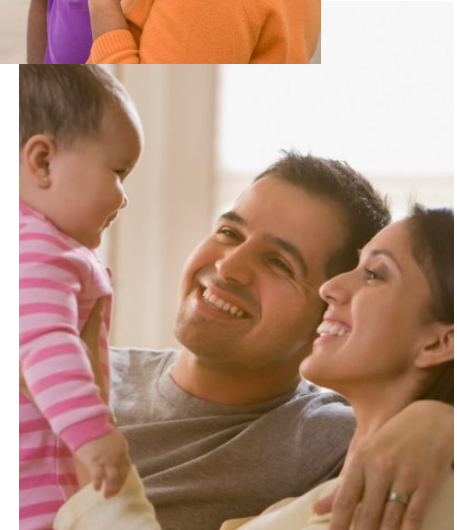
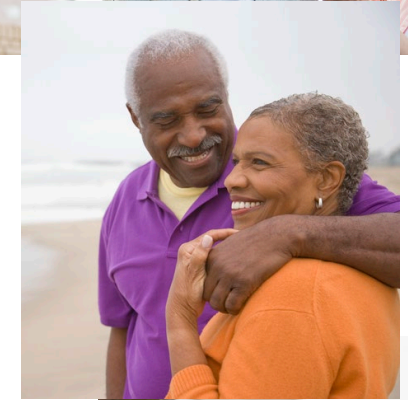
To serve member health with excellence and dignity, respecting the value and needs of each person.

Our Vision

By 2027, remove barriers to health care access for our members, implement same-day treatment authorizations and real-time claims payments for our providers, and annually assess members' social determinants of health.

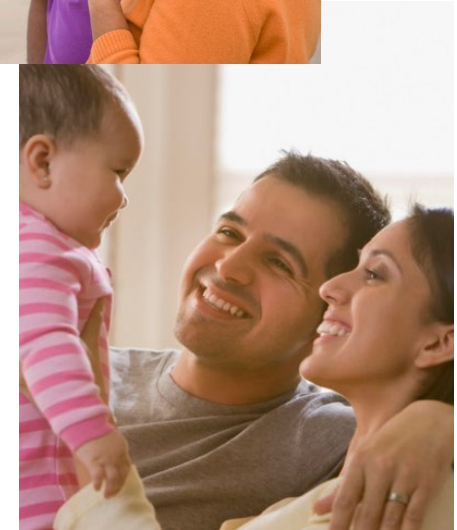
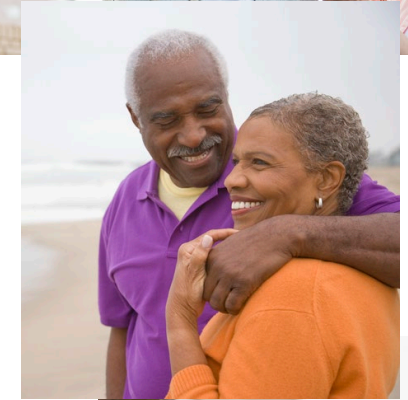
CalOptima Health Overview

- Mission: To serve member health with excellence and dignity, respecting the value and needs of each person
- Founded as Orange County's community health plan for low-income families, seniors and people with disabilities
- Serves 950,000 members: 1 in 4 adults and 1 in 3 children in Orange County
- Has 1,500 employees and an annual budget of \$4 billion

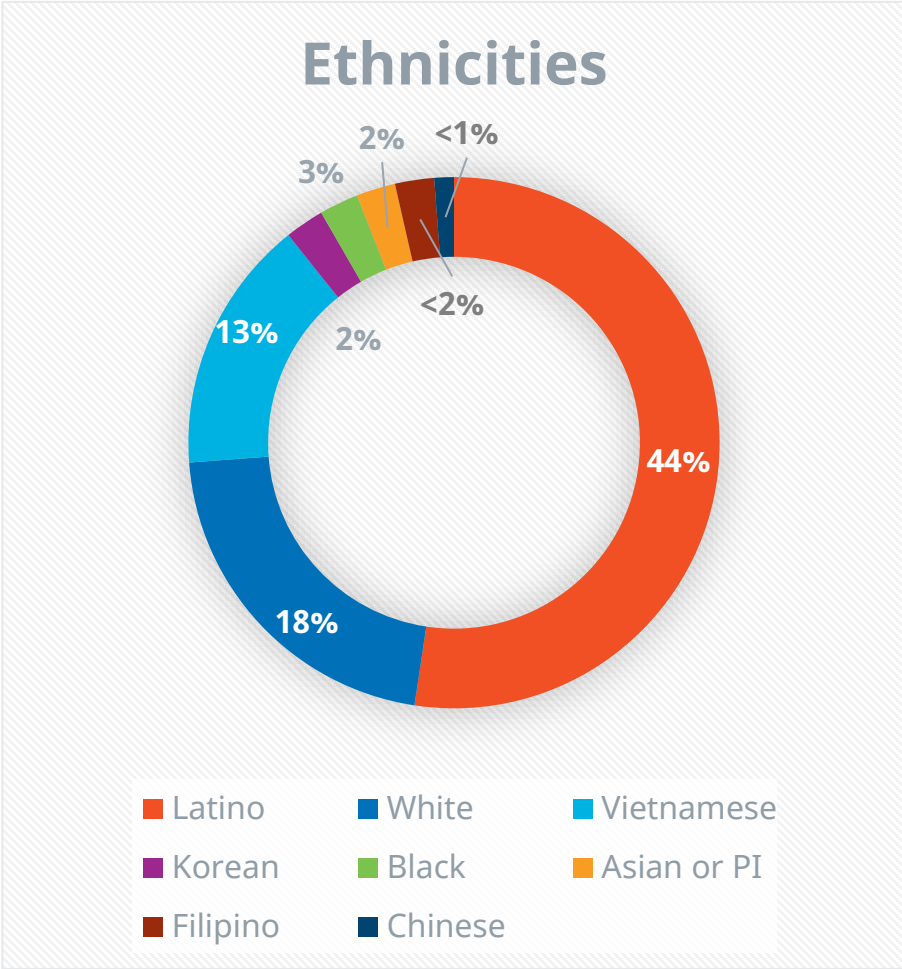
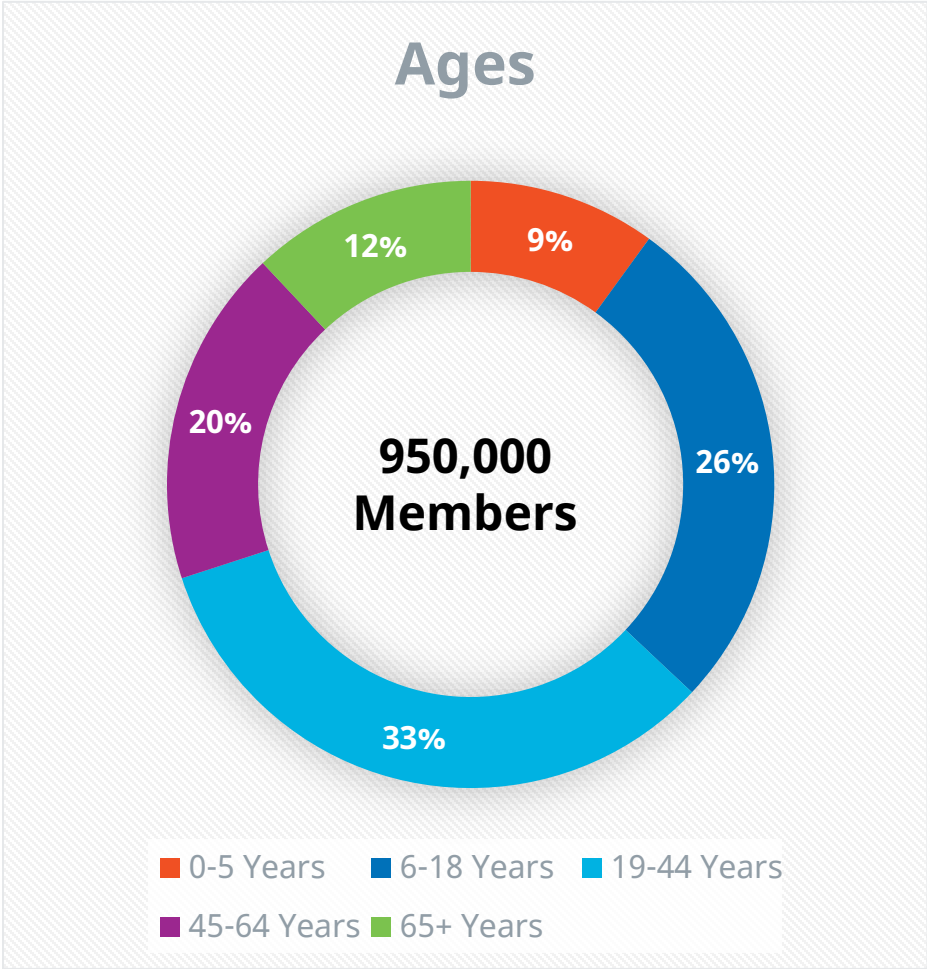


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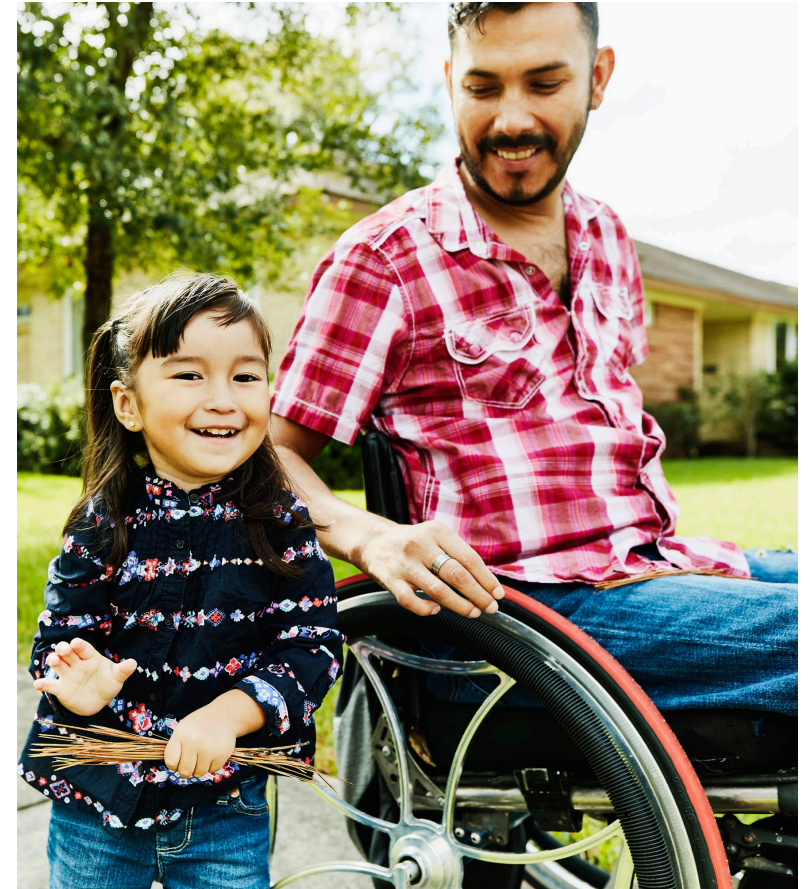
About Our Members



Source: CalOptima Health Fast Facts, August 2022

What Is CalAIM?

- CalAIM establishes the framework to address the **social determinants of health** and improve **health equity** statewide
- CalAIM is moving Medi-Cal toward a population health approach that prioritizes prevention and whole person care
- To extend supports and services beyond hospitals and health care settings directly into California communities
 - Enhanced Care Management (ECM)
 - Community Supports



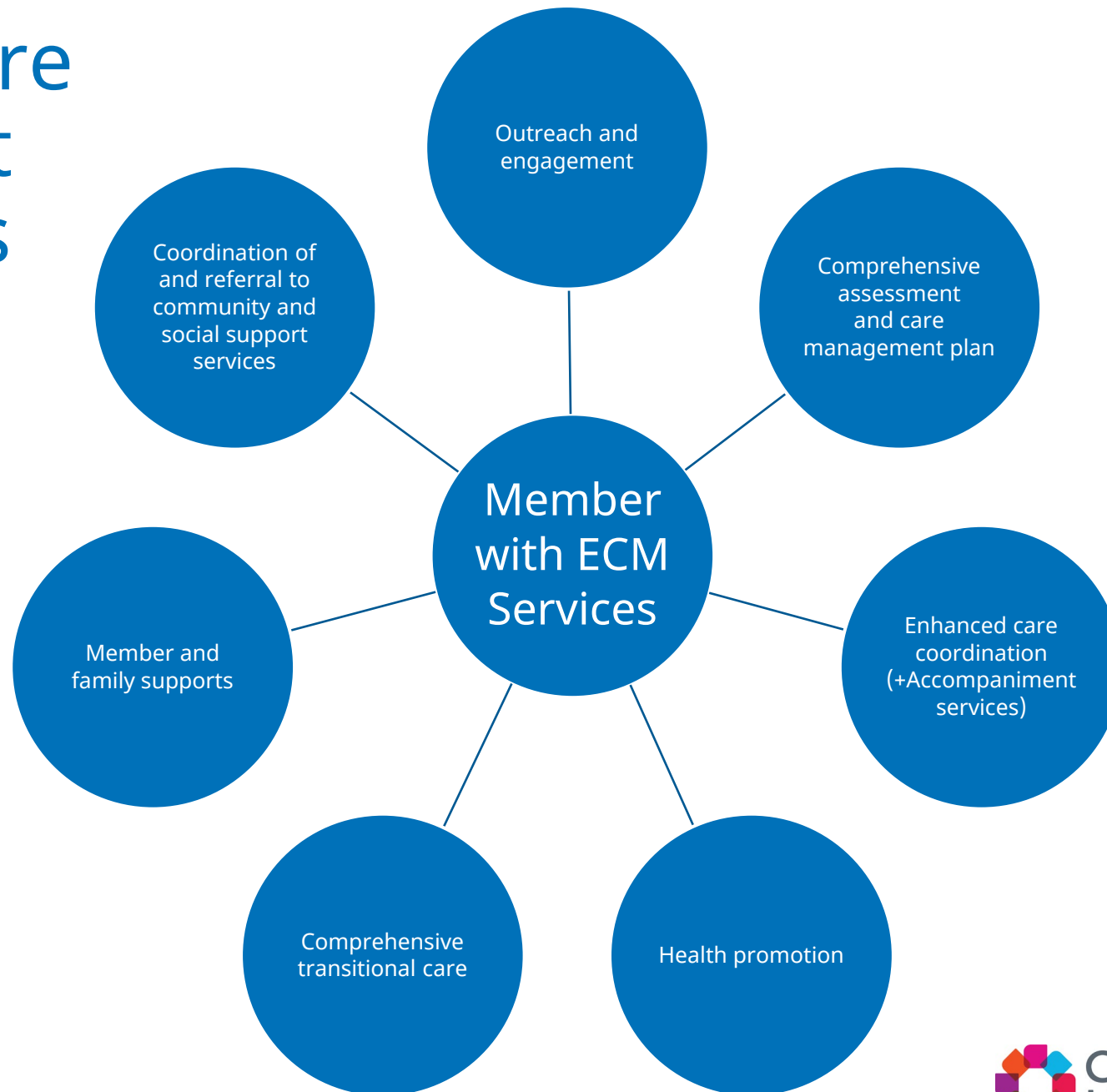
Enhanced Care Management (ECM)

What is ECM?

- A whole-person interdisciplinary approach to care that addresses the clinical and non-clinical needs of members with the most complex medical and social needs through systematic coordination of services
- Includes coordinating care across the physical and behavioral health delivery systems



Enhanced Care Management Core Services



Populations of Focus



January 1, 2022

- Individuals and families experiencing homelessness
- Adults at risk for avoidable hospital or ED Utilization
- Adults with Serious Mental Illness (SMI) or Substance Use Disorder (SUD)
- Adults with Intellectual or Developmental Disabilities
- Adult pregnant or postpartum individuals at risk of adverse perinatal outcomes



January 1, 2023

- Adults eligible for Long-Term Care
- Adult nursing facility residents



July 1, 2023

- Children with special conditions: high utilizers, Serious Emotional Disturbance (SED), California Children's Services (CCS), Whole-Child Model (WCM), child welfare and transitioning from incarceration

Future Populations of Focus



January 1, 2024

- Pregnant and postpartum individuals at risk for adverse perinatal outcomes who are subject to racial and ethnic disparities



2024 (Date TBD)

- Individuals transitioning from incarceration

Community Supports

Community Supports: January 1, 2022

Recuperative Care

- Interim housing
 - Bed and healthy meals
- Physical and mental health monitoring
 - Vitals
 - Assessments
 - Wound care
 - Medication
- Short-term assistance
- Coordination of transportation
- Medical stability

Housing Supports (3)

- Housing transition navigation services
 - Assessment
 - Search and support plan
 - Address barriers
- Housing deposits
 - One-time funding
 - First and last
 - Utilities, etc.
- Housing tenancy and sustaining services
 - Intervention
 - Training
 - Relationships

Community Supports: July 1, 2022

Short-Term Post-Hospitalization Housing

Provides members who do not have a residence and who have high medical or behavioral health needs to continue recovery immediately after exiting a facility

Day Habilitation Programs

Provides members with assistance in acquiring, retaining and improving the skills necessary to reside successfully at home and in their community

Personal Care and Homemaker Services

Provides members with assistance with Activities of Daily Living and Instrumental Activities of Daily Living

Meals/Medically Tailored Meals

Provides members with meals and nutrition services that help to achieve nutrition goals at critical times to help regain and maintain health

Sobering Centers

Provides members who are found to be publicly intoxicated with an alternative destination to an emergency department or jail

Community Supports: January 1, 2023

Respite Services

Provided to caregivers of members who require intermittent temporary supervision

Environmental Accessibility Adaptations (Home Modification)

Physical adaptations to a home that are necessary to ensure the health, welfare and safety of the individual, or enable the member to function with greater independence in the home: without which the member would require institutionalization

Nursing Facility Transition/Diversion to Assisted Living Facilities

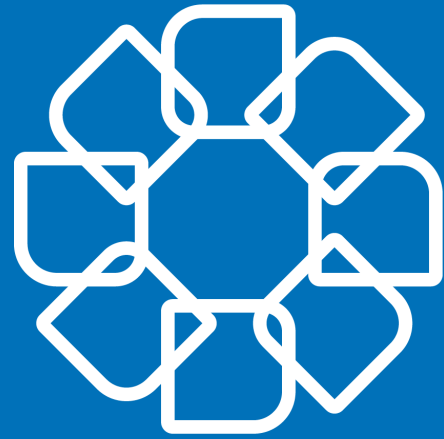
Assist members to live in the community and/or avoid institutionalization when possible

Community Transitions to Home/Nursing Facility Transition to a Home

Helps members to live in the community and avoid further institutionalization

Asthma Remediation

Physical modifications to a home environment that are necessary to ensure the health, welfare and safety of the member, or enable the member to function in the home and without which acute asthma episodes could result in the need for emergency services and hospitalization



CalOptima Health

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